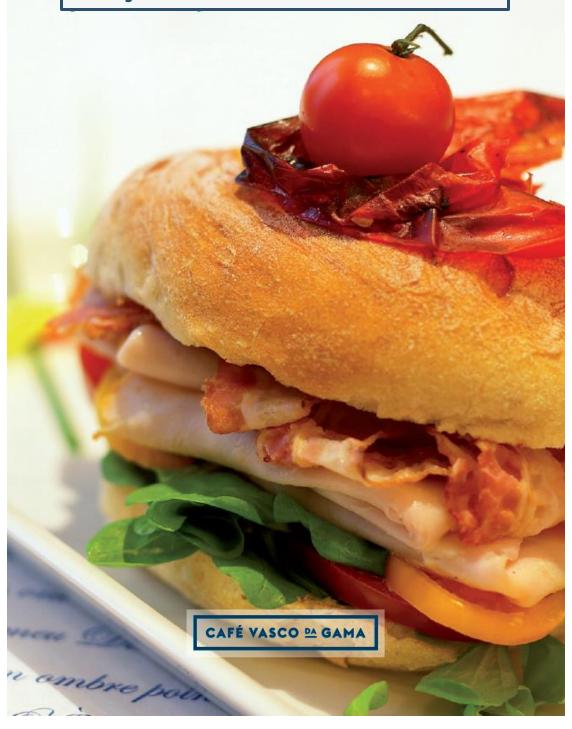
# **CATERING EXPERTS**

for your breakfast & business lunches



# **BREAKFAST**

#### **THE GOVERNOR**

Pastry platter
Sliced season fruits
Fresh squeezed orange juice

\$18 per person





#### THE NAVIGATOR

Smoked salmon bagels, cream cheese Sliced season fruits Fresh squeezed orange juice

\$20<sup>75</sup> per person

#### THE CARTOGRAPHER

Assorted platter of breakfast wraps:

Ferreira: egg - turkey - bacon - spinach - tomato Vasco da Gama: egg- chouriço - cheese - spinach Fisherman: egg - smoked trout - capers - spinach

Sliced season fruits Fresh squeezed orange juice

\$19<sup>75</sup> per person Utensils on request \$0.75/pers

# **LUNCH & DINNER**

#### **BUFFET**

Assorted sandwich platters
Equivalent of 1 sandwich per person
2 gourmet salad

\$ 19<sup>75</sup> per person Utensils on request \$0.75/pers



# C<sub>VASCO DA GANA</sub>

#### **HEARTY MEAL SALAD**

Protein of your choice on a bed of lettuce, tomatoes, peppers, red onions and our F olive oil vinaigrette:

Chicken	\$ <b>19</b> 75
Salmon	\$ 21 <sup>75</sup>
Shrimp	\$ <b>21</b> 75
Vegetarian-Vegan (inspiration of the day)	\$ <b>17</b> <sup>75</sup>
Seared tuna	\$ 23 <sup>00</sup>

#### **LUNCH BOX**

One choice of sandwich
A gourmet salad
Dessert & drinks (with extra cost)

\$20<sup>75</sup> per person \$0<sup>75</sup> personalized identification Utensils on request \$0.75/pers



#### **SANDWICH CHOICES**

Prosciutto & São Jorge cheese baguette

Club Ferreira: Smoked turkey, bacon, tomatoes, mayo Cajun, Portuguese bread

Duck & Fig sandwich: Confit duck, figs, São Jorge cheese, mango, fine herb bread

Lamb sandwich Shredded lamb, baba ganoush, spinach, rosemary bread, São Jorge cheese

Vegetarian: Roasted vegetables, goat cheese spead and roquette

Chicken & chouriço wrap, São Jorge cheese, spinach

Smoked salmon sandwich, cream cheese, cucumber, tomatoes and marinated onions

Vegan burger: Butternut squash, sushi rice & quinoa, sundried tomato & portobello vegan mayo



# **PLATTERS**

## **PORTUGUESE & CANADIAN CHEESES**

Small: 8-10 people	\$75
Big: 15-20 people	<sup>\$</sup> 150

## **CHARCUTERIE**

Small: 8-10 people	\$75
Big: 15-20 people	<sup>\$</sup> 150



## **FRESH FRUITS**

Small: 6-8 people	<sup>\$</sup> 30
Big: 10-15 people	\$60

## **CRUDITÉS**

Small : 6-8 people	<sup>\$</sup> 30
Big: 10-15 people	<sup>\$</sup> 60



## **PROTEINS**

Salmon	<sup>\$</sup> 16
Chicken	<sup>\$</sup> 13

Per person Utensils on request \$0.75/pers



# **DESSERTS**

Nata	\$350
Various homemade tarts	\$ 6 <sup>50</sup>
Mini homemade F cookies  Dark & white chocolate	\$2 <sup>75</sup>
Homemade F cookies  Dark & white chocolate	\$4 <sup>75</sup>
Brownie	\$ 400
Fresh berries	\$ 6 <sup>50</sup>
Utensils on request \$0.75/pers	







# **BOISSONS**

Water bottle	\$ <b>3</b> <sup>50</sup>
Sparkling water bottle	\$400
Fresh fruit juice	\$6 <sup>50</sup>
V8	\$ 400
Fruit nectar Compal	\$ 4 <sup>00</sup>
Sumol (orange, pineapple, passion fruit)	\$4 <sup>00</sup>
Jus de pommes	\$ 4 <sup>00</sup>
Thé glacé	\$ 4 <sup>00</sup>
Soft drinks  Coke  Coke diet  7up  7up diet	\$ <b>3</b> <sup>75</sup>
Lemoncoco	\$ 400
Coffee pot Illy (8-10 people)	\$30
Mighty Leaf tea pot( 15 bags)	<sup>\$</sup> 32

# CAFÉ VASCO DA GAMA

Orders for Vasco da Gama's catering service need to be ordered no later than 3 PM the day before.

Price of delivery according to mileage.

514-286-2688

traiteur@vascodagama.ca

